



Tholthorpe 10k 2017 Results

Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
1	207	1		Jonathan	Johnson	M S	(001/061)	Rotherham Harriers & AC	03:22/05:25	00:33:37	1	00:33:37
2	227	2		Tristan	Learoyd	M S	(002/061)	New Marske Harriers	03:28/05:35	00:34:41	2	00:34:41
3	448		1	Faye	Banks	F35	(001/043)	Pontefract Athletics Club	03:34/05:44	00:35:36	3	00:35:37
4	153	3		Gareth	Green	M40	(001/058)	York Knavesmire Harriers	03:37/05:49	00:36:09	4	00:36:09
5	319	4		Richard	Purser	M S	(003/061)	York Knavesmire Harriers	03:38/05:50	00:36:15	5	00:36:16
6	146	5		Richard	Ginn	M40	(002/058)	Pocklington Runners	03:38/05:51	00:36:21	6	00:36:21
7	95	6		Tim	Crossland	M40	(003/058)		03:43/05:59	00:37:08	7	00:37:09
8	273	7		Matthew	Middleton	M S	(004/061)	Scarborough AC	03:49/06:08	00:38:08	8	00:38:08
9	248	8		Stephen	Maddison	M40	(004/058)	York Knavesmire Harriers	03:50/06:10	00:38:18	9	00:38:18
10	217	9		Adam	Kirk	M S	(005/061)	Nidd Valley Road Runners	03:51/06:12	00:38:30	10	00:38:31
11	68	10		Danny	Chan	M40	(005/058)	York Knavesmire Harriers	03:52/06:14	00:38:41	11	00:38:44
12	144	11		Craig	Gath	M40	(006/058)		03:53/06:15	00:38:52	12	00:38:52
13	187	12		Toby	Hone	M S	(006/061)	York Knavesmire Harriers	03:54/06:16	00:38:54	13	00:38:59
14	86	13		James	Cornforth	M S	(007/061)	Knaresborough Striders	03:55/06:19	00:39:11	14	00:39:14
15	377	14		Paul	Stockburn	M50	(001/061)	Harrogate Harriers & AC	03:56/06:20	00:39:23	15	00:39:24
16	401	15		Robert	Vincent	M40	(007/058)	Abbey Runners	03:57/06:21	00:39:26	16	00:39:28
17	236	16		Martin	Lofthouse	M50	(002/061)	Nidd Valley Road Runners	03:57/06:21	00:39:28	17	00:39:30
18	305	17		Marc	Pearson	M S	(008/061)	York Postal Harriers	03:57/06:22	00:39:32	18	00:39:34
19	379	18		Neil	Strange	M50	(003/061)	York Knavesmire Harriers	03:58/06:23	00:39:36	20	00:39:37
20	322	19		Chris	Quinlan	M S	(009/061)		03:58/06:23	00:39:34	19	00:39:39
21	14	20		Darren	Ball	M50	(004/061)	Pocklington Runners	03:59/06:25	00:39:50	21	00:39:54
22	83	21		John	Cooper	M40	(008/058)	York Acorn Running Club	04:00/06:26	00:39:57	23	00:39:58
23	69	22		Peter	Chapman	M60	(001/032)		04:00/06:26	00:39:56	22	00:40:00
24	445	23		David	Younger	M S	(010/061)		04:03/06:31	00:40:23	24	00:40:29
25	43	24		Steve	Boynton	M60	(002/032)	York Acorn Running Club	04:03/06:31	00:40:28	25	00:40:32
26	203	25		Daniel	Jenkins	M40	(009/058)		04:04/06:33	00:40:33	26	00:40:42
27	396	26		David	Todd	M S	(011/061)		04:05/06:34	00:40:48	29	00:40:49
28	336	27		Chris	Rippon	M50	(005/061)	Wakefield Harriers	04:05/06:34	00:40:43	27	00:40:50
29	130	28		Iain	Fletcher	M S	(012/061)	Scarborough AC	04:05/06:35	00:40:52	31	00:40:53
30	403	29		Andy	Waites	M50	(006/061)		04:05/06:35	00:40:47	28	00:40:53



Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
31	395	30		Andy	Todd	M50	(007/061)	Nidd Valley Road Runners	04:06/06:35	00:40:52	30	00:40:55
32	254		2	Rhona	Marshall	F35	(002/043)	Scarborough AC	04:07/06:37	00:41:07	33	00:41:08
33	267	31		Michael	Meegan	M S	(013/061)	Ripon Runners	04:07/06:37	00:41:06	32	00:41:09
34	73	32		Trevor	Clough	M50	(008/061)	Leeds City AC	04:08/06:39	00:41:16	36	00:41:17
35	218	33		Ewan	Kirk	M S	(014/061)	York Knavesmire Harriers	04:08/06:39	00:41:11	34	00:41:20
36	72	34		Stephen	Clarke	M50	(009/061)	York Knavesmire Harriers	04:08/06:40	00:41:16	35	00:41:23
37	28	35		David	Binks	M40	(010/058)	Ripon Runners	04:08/06:40	00:41:19	37	00:41:24
38	172	36		Dale	Hepples	M40	(011/058)	Scarborough AC	04:10/06:42	00:41:39	39	00:41:39
39	191	37		Matthew	Horsfield	M S	(015/061)		04:10/06:42	00:41:32	38	00:41:39
40	13	38		David	Baldwin	M50	(010/061)	Scarborough AC	04:10/06:43	00:41:42	41	00:41:43
41	118	39		Glynn	Ellwood	M S	(016/061)	York Postal Harriers	04:11/06:44	00:41:47	42	00:41:49
42	342	40		Stephen	Robson	M S	(017/061)	York Knavesmire Harriers	04:11/06:44	00:41:40	40	00:41:49
43	382		3	Nik	Tarrega	F S	(001/040)	York Knavesmire Harriers	04:12/06:45	00:41:51	43	00:41:55
44	139	41		Andrew	Garner	M50	(011/061)		04:13/06:47	00:42:07	44	00:42:08
45	129	42		Colin	Fletcher	M50	(012/061)	Easingwold Running Club	04:14/06:48	00:42:12	46	00:42:15
46	166	43		Richard	Harry	M40	(012/058)	Thirsk & Sowerby Harriers	04:14/06:48	00:42:13	47	00:42:16
47	50	44		Adrian	Brown	M40	(013/058)		04:14/06:49	00:42:08	45	00:42:20
48	241	45		Sam	Lynn	M40	(014/058)	York Postal Harriers	04:14/06:50	00:42:15	48	00:42:25
49	390	46		Howard	Thompson	M60	(003/032)	Easingwold Running Club	04:14/06:50	00:42:21	49	00:42:25
50	249		4	Hannah	Mainprize	F S	(002/040)	Scarborough AC	04:15/06:51	00:42:26	50	00:42:33
51	26	47		Paul	Bergman	M50	(013/061)	Easingwold Running Club	04:16/06:52	00:42:34	52	00:42:38
52	124	48		Andy	Fawcett	M S	(018/061)	York Acorn Running Club	04:16/06:52	00:42:38	54	00:42:40
53	313	49		Colin	Poma-Young	M S	(019/061)		04:16/06:52	00:42:34	51	00:42:40
54	233	50		Rob	Lickley	M40	(015/058)	Thirsk & Sowerby Harriers	04:17/06:53	00:42:37	53	00:42:48
55	128	51		Andrew	Fletcher	M50	(014/061)	Swaledale Runners	04:17/06:54	00:42:52	55	00:42:53
56	418	52		Richard	Penny	M40	(016/058)	Tadcaster Harriers	04:18/06:55	00:42:56	56	00:43:00
57	115	53		Daniel	Eagling	M40	(017/058)	Nidd Valley Road Runners	04:18/06:56	00:43:01	57	00:43:04
58	16	54		Neil	Barker	M40	(018/058)	Spensborough and District AC	04:18/06:56	00:43:05	59	00:43:05
59	168		5	Sue	Haslam	F55	(001/028)	Scarborough AC	04:19/06:56	00:43:05	58	00:43:06
60	397	55		Mark	Tomczak	M40	(019/058)	Scarborough AC	04:19/06:57	00:43:08	60	00:43:14
61	57	56		Chad	Bullivant	M S	(020/061)	York Triathlon Club	04:19/06:57	00:43:11	61	00:43:14
62	329		6	Katy	Rawnsley	F45	(001/051)	Scarborough AC	04:22/07:02	00:43:43	66	00:43:45



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63	185	57		Charlie	Hollinrake	M S	(021/061)		04:23/07:03	00:43:18	62	00:43:50
64	383	58		Richard	Tarrega	M S	(022/061)	York Knavesmire Harriers	04:23/07:04	00:43:45	68	00:43:54
65	21	59		Phillip	Bell	M S	(023/061)		04:24/07:04	00:43:53	71	00:43:55
66	109	60		Jon	Dixon	M50	(015/061)	Easingwold Running Club	04:24/07:04	00:43:52	69	00:43:56
67	107	61		Davide	Di Maio	M40	(020/058)	Easingwold Running Club	04:24/07:04	00:43:52	70	00:43:57
68	63	62		Chris	Carrington-	M S	(024/061)		04:24/07:05	00:43:22	63	00:43:58
69	255		7	Zoe	Mason	F35	(003/043)	Swaledale Runners	04:24/07:05	00:43:58	72	00:44:00
70	64		8	Helen	Carrington-	F S	(003/040)		04:24/07:05	00:43:25	64	00:44:02
71	32	63		Mike	Boddy	M40	(021/058)		04:24/07:05	00:43:43	67	00:44:02
72	275	64		Brian	Miller	M60	(004/032)	Harrogate Harriers & AC	04:24/07:06	00:44:03	74	00:44:05
73	220	65		Richard	Knott	M50	(016/061)	Easingwold Running Club	04:25/07:06	00:43:31	65	00:44:06
74	208		9	Julia	Johnson	F45	(002/051)	Penistone Footpath Runners	04:25/07:06	00:44:02	73	00:44:07
75	162	66		Simon	Harris	M S	(025/061)		04:25/07:06	00:44:05	75	00:44:08
76	121		10	Charlotte	Evans	F35	(004/043)	Harrogate Harriers & AC	04:25/07:07	00:44:09	76	00:44:11
77	321	67		Simon	Quartermaine	M50	(017/061)		04:26/07:08	00:44:15	77	00:44:17
78	112	68		John	Dowson	M S	(026/061)		04:26/07:09	00:44:17	78	00:44:23
79	287		11	Jane	Nodder	F55	(002/028)	York Knavesmire Harriers	04:27/07:09	00:44:23	81	00:44:26
80	444	69		Robert	Young	M S	(027/061)	Aycliffe Running Club	04:27/07:09	00:44:23	82	00:44:27
81	195	70		Karl	Humphreys	M40	(022/058)	Easingwold Running Club	04:27/07:10	00:44:23	79	00:44:29
82	338	71		Paul	Robinson	M60	(005/032)		04:27/07:10	00:44:23	80	00:44:31
83	260	72		Mark	May	M50	(018/061)	Scarborough AC	04:27/07:10	00:44:27	85	00:44:31
84	178	73		David	Hill	M40	(023/058)		04:27/07:10	00:44:30	87	00:44:32
85	192	74		Simon	Howson	M40	(024/058)	Easingwold Running Club	04:27/07:10	00:44:28	86	00:44:33
86	159	75		Mark	Halliday	M S	(028/061)		04:27/07:10	00:44:27	84	00:44:33
87	426	76		Gary	Wilks	M40	(025/058)	Ripon Runners	04:28/07:12	00:44:38	88	00:44:43
88	360	77		David	Shores	M40	(026/058)	Nidd Valley Road Runners	04:28/07:12	00:44:24	83	00:44:44
89	46	78		Ralph	Broadley	M60	(006/032)	Scarborough AC	04:29/07:13	00:44:46	90	00:44:49
90	419	79		Tony	White	M60	(007/032)	Ripon Runners	04:29/07:13	00:44:43	89	00:44:51
91	293	80		Jonathan	O'Neill	M50	(019/061)	York Knavesmire Harriers	04:30/07:15	00:44:50	91	00:45:03
92	206	81		Andrew	Johnson	M60	(008/032)	York Knavesmire Harriers	04:31/07:16	00:45:04	94	00:45:09
93	140	82		Colin	Garnett	M50	(020/061)		04:31/07:16	00:45:01	92	00:45:10
94	347	83		Stephen	Ruddock	M50	(021/061)		04:32/07:19	00:45:03	93	00:45:25



Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
95	239	84		Alister	Lunn	M S	(029/061)	Easingwold Running Club	04:33/07:19	00:45:21	97	00:45:27
96	234	85		Raymond	Lightle	M60	(009/032)	Bedale & Aiskew Runners	04:33/07:19	00:45:18	95	00:45:29
97	299	86		James	Parry	M40	(027/058)		04:33/07:19	00:45:21	96	00:45:31
98	205	87		Mark	Johns	M50	(022/061)	Goole Viking Striders	04:33/07:20	00:45:29	101	00:45:33
99	231	88		Tom	Lever	M S	(030/061)		04:34/07:20	00:45:24	99	00:45:35
100	300		12	Karen	Parry	F35	(005/043)		04:34/07:21	00:45:28	100	00:45:39
101	279	89		John	Mitton	M40	(028/058)	Nidd Valley Road Runners	04:34/07:22	00:45:24	98	00:45:44
102	134	90		David	Fox	M60	(010/032)	Scarborough AC	04:35/07:23	00:45:47	103	00:45:51
103	409		13	Louise	Wardman	F S	(004/040)	Valley Striders	04:36/07:23	00:45:44	102	00:45:55
104	357	91		Ryan	Sheader	M S	(031/061)	Scarborough AC	04:36/07:24	00:45:49	104	00:45:56
105	262		14	Christine	McCarthy	F55	(003/028)	Pontefract Athletics Club	04:37/07:25	00:46:04	107	00:46:06
106	177		15	Lorraine	Hiles	F45	(003/051)	Thirsk & Sowerby Harriers	04:37/07:26	00:45:57	106	00:46:09
107	413	92		Tom	Watson	M S	(032/061)	Thirsk & Sowerby Harriers	04:37/07:26	00:46:06	108	00:46:13
108	259		16	Beckie	May	F45	(004/051)	Scarborough AC	04:38/07:27	00:46:13	110	00:46:17
109	3	93		James	Chambers	M S	(033/061)		04:38/07:27	00:45:57	105	00:46:19
110	282	94		Matt	Mortonson	M S	(034/061)		04:39/07:29	00:46:22	111	00:46:27
111	200	95		Alaister	Jackson	M50	(023/061)	Neon Nights Northallerton	04:39/07:29	00:46:12	109	00:46:30
112	60	96		Lewis	Calder	M S	(035/061)		04:39/07:29	00:46:29	113	00:46:32
113	323	97		Jack	Radcliffe	M S	(036/061)		04:40/07:30	00:46:33	115	00:46:38
114	87	98		Philip	Cornforth	M40	(029/058)	Knaresborough Striders	04:40/07:30	00:46:28	112	00:46:38
115	449		17	Sarah	Sigsworth	F S	(005/040)	Carnethy Hill Running Club	04:41/07:32	00:46:31	114	00:46:46
116	62	99		James	Kelman	M S	(037/061)		04:41/07:32	00:46:42	117	00:46:50
117	240	100		Martin John	Luxton	M60	(011/032)	North York Moors AC	04:41/07:33	00:46:40	116	00:46:52
118	100	101		David	Darton	M50	(024/061)	York Knavesmire Harriers	04:42/07:34	00:46:43	118	00:46:58
119	398		18	Victoria	Tremelin	F S	(006/040)	Harrogate Harriers & AC	04:42/07:34	00:46:52	119	00:46:59
120	385	102		Richard	Taylor	M40	(030/058)	Nidd Valley Road Runners	04:42/07:34	00:46:56	120	00:47:03
121	213	103		Miles	Keenleyside	M50	(025/061)		04:43/07:35	00:47:01	122	00:47:06
122	425	104		Allan	Hansen	M50	(026/061)	Ripon Runners	04:43/07:35	00:46:58	121	00:47:07
123	366		19	Sue	Simpson	F55	(004/028)	Nidd Valley Road Runners	04:43/07:35	00:47:07	125	00:47:10
124	210	105		Ray	Johnstone	M60	(012/032)	Ripon Runners	04:44/07:36	00:47:07	124	00:47:16
125	312	106		Tim	Pocock	M50	(027/061)	Harrogate Harriers & AC	04:45/07:38	00:47:19	127	00:47:26
126	94	107		Geoff	Cromack	M50	(028/061)	Scarborough AC	04:45/07:39	00:47:26	129	00:47:30



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127	111	108		Erwin	Dorland	M50	(029/061)	Acorn	04:45/07:39	00:47:10	126	00:47:30
128	294	109		Matt	O'Neill	M S	(038/061)		04:45/07:39	00:47:02	123	00:47:32
129	351		20	Tara	Schwarze-	F S	(007/040)		04:45/07:39	00:47:30	132	00:47:32
130	400		21	Lousie	Venables	F35	(006/043)	York Knavesmire Harriers	04:45/07:39	00:47:27	130	00:47:32
131	194	110		Martin	Hughes	M50	(030/061)		04:46/07:41	00:47:37	134	00:47:43
132	108	111		Anthony	Ditchburn	M50	(031/061)	Richmond & Zetland Harriers	04:47/07:41	00:47:26	128	00:47:46
133	431	112		Alex	Wilson	M S	(039/061)		04:48/07:43	00:47:50	138	00:47:55
134	165		22	Julie	Harrison	F45	(005/051)		04:48/07:43	00:47:54	140	00:47:56
135	367	113		Neil	Sinclair	M40	(031/058)		04:48/07:43	00:47:31	133	00:47:57
136	154		23	Vicky	Green	F35	(007/043)	York Knavesmire Harriers	04:48/07:43	00:47:49	136	00:47:58
137	7	114		Spencer	Almond	M S	(040/061)		04:48/07:43	00:48:00	142	00:48:00
138	10	115		Richard	Appleton	M40	(032/058)	Ripon Runners	04:48/07:44	00:47:29	131	00:48:01
139	49	116		Mark	Brooks	M40	(033/058)	Ripon Runners	04:49/07:45	00:47:50	137	00:48:07
140	80	117		John	Cooke	M60	(013/032)	Tadcaster Harriers	04:49/07:45	00:47:58	141	00:48:07
141	278	118		Terry	Minett	M50	(032/061)	Pontefract Athletics Club	04:49/07:45	00:47:47	135	00:48:10
142	39	119		Chris	Bourne	M40	(034/058)	Scarborough AC	04:49/07:45	00:48:08	145	00:48:10
143	388	120		Gary	Tebbutt	M60	(014/032)		04:50/07:46	00:48:07	144	00:48:18
144	399	121		Wayne	Veall	M50	(033/061)		04:50/07:47	00:48:17	147	00:48:19
145	271	122		John	Middleton	M50	(034/061)	York Knavesmire Harriers	04:50/07:47	00:48:06	143	00:48:19
146	345	123		Robert	Rounding	M S	(041/061)		04:50/07:48	00:47:51	139	00:48:25
147	333	124		Paul	Rhodes	M50	(035/061)		04:51/07:48	00:48:25	149	00:48:28
148	163	125		Jonathon	Harris-	M50	(036/061)	Easingwold Running Club	04:51/07:48	00:48:15	146	00:48:30
149	392	126		Richard	Thorneycroft	M60	(015/032)	York Knavesmire Harriers	04:52/07:50	00:48:29	150	00:48:38
150	381	127		Mark	Swinden	M60	(016/032)	Tadcaster Harriers	04:52/07:50	00:48:22	148	00:48:43
151	56	128		Daniel	Bucknole	M S	(042/061)		04:52/07:51	00:48:35	153	00:48:45
152	298	129		Scott	Parker	M S	(043/061)	Scarborough AC	04:53/07:52	00:48:49	155	00:48:53
153	283		24	Sue	Moul	F45	(006/051)	Harrogate Harriers & AC	04:54/07:53	00:48:50	156	00:49:00
154	45	130		Andy	Braun	M40	(035/058)		04:54/07:53	00:48:32	151	00:49:01
155	183	131		Graham	Miller	M S	(044/061)		04:54/07:53	00:48:32	152	00:49:02
156	174		25	Fay	Hethershaw	F45	(007/051)	Scarborough AC	04:54/07:53	00:48:52	157	00:49:02
157	116	132		Lee	Edwards	M40	(036/058)		04:55/07:54	00:48:47	154	00:49:06
158	358	133		Glenn	Shelton	M50	(037/061)	Scarborough AC	04:55/07:55	00:48:59	159	00:49:09



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159	19	134		Richard	Beckett	M40	(037/058)	Selby Striders	04:55/07:55	00:48:57	158	00:49:12
160	34	135		Andrew	Bond	M40	(038/058)		04:56/07:57	00:49:06	160	00:49:21
161	264	136		Simon	McCudden	M50	(038/061)	Ripon Runners	04:56/07:57	00:49:13	162	00:49:24
162	288	137		John	Nodder	M60	(017/032)	York Knavesmire Harriers	04:57/07:57	00:49:14	163	00:49:27
163	1	138		Richard	Acklam	M S	(045/061)	Barnes Runners	04:57/07:58	00:49:16	164	00:49:31
164	416	139		Paul	Atkinson	M50	(039/061)	Thirsk & Sowerby Harriers	04:57/07:58	00:49:09	161	00:49:32
165	156		26	Emily	Gregg	F S	(008/040)	Easingwold Running Club	04:57/07:58	00:49:19	165	00:49:33
166	120	140		Dave	Etherington	M50	(040/061)	Danum Harriers Running Club	04:58/08:00	00:49:22	166	00:49:45
167	24	141		Michael	Benson	M S	(046/061)	Nidd Valley Road Runners	05:00/08:02	00:49:35	167	00:49:55
168	354	142		Dave	Seaman	M70+	(001/011)	Nidd Valley Road Runners	05:00/08:02	00:49:52	171	00:49:55
169	151	143		Peter	Grantham	M S	(047/061)		05:00/08:02	00:49:36	168	00:49:57
170	289	144		David	O'Byrne	M60	(018/032)	York Triathlon Club	05:00/08:03	00:49:58	174	00:50:04
171	90		27	Ria	Crabbe	F35	(008/043)		05:01/08:04	00:49:56	173	00:50:06
172	295		28	Rebecca	O'Neill	F35	(009/043)	Stainland Lions Road Runners	05:01/08:04	00:49:48	169	00:50:09
173	201		29	Lyndsey	Jecock	F35	(010/043)	Easingwold Running Club	05:01/08:05	00:49:48	170	00:50:11
174	40		30	Lisa	Bourne	F45	(008/051)	Scarborough AC	05:03/08:07	00:50:16	177	00:50:26
175	244	145		Peter	Lyth	M50	(041/061)	York Knavesmire Harriers	05:03/08:08	00:50:07	175	00:50:30
176	35	146		David	Booth	M S	(048/061)		05:03/08:08	00:49:54	172	00:50:31
177	327	147		Mark	Raven	M50	(042/061)		05:03/08:08	00:50:13	176	00:50:32
178	125		31	Alison	Fewster	F45	(009/051)	Scarborough AC	05:04/08:10	00:50:40	180	00:50:44
179	284		32	Kirsty	Naylor	F S	(009/040)		05:05/08:11	00:50:38	179	00:50:48
180	209		33	Mandy	Johnson	F35	(011/043)		05:05/08:11	00:50:34	178	00:50:50
181	346		34	Anita	Ruddock	F55	(005/028)		05:07/08:14	00:50:44	181	00:51:07
182	23	148		Matt	Bennett	M40	(039/058)		05:07/08:15	00:51:00	183	00:51:14
183	131		35	Michelle	Fletcher	F35	(012/043)	Scarborough AC	05:08/08:16	00:51:06	184	00:51:22
184	384		36	Christina	Taylor	F S	(010/040)	Nidd Valley Road Runners	05:09/08:17	00:51:18	185	00:51:26
185	436	149		John	Wooldridge	M S	(049/061)		05:09/08:17	00:50:54	182	00:51:26
186	170	150		Denis	Hearn	M60	(019/032)	Scarborough AC	05:10/08:19	00:51:27	186	00:51:42
187	430		37	Lesley	Willoughby	F45	(010/051)	Ripon Runners	05:12/08:21	00:51:45	188	00:51:56
188	190	151		James	Hopkins	M S	(050/061)		05:12/08:21	00:51:51	189	00:51:56
189	188	152		Alistair	Hood	M50	(043/061)		05:12/08:23	00:51:44	187	00:52:05
190	197	153		David	Hutchinson	M60	(020/032)	Maidstone Harriers	05:13/08:24	00:51:59	191	00:52:10



Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
191	91	154		Phillip	Craig	M S	(051/061)	Thirsk & Sowerby Harriers	05:13/08:24	00:52:08	195	00:52:11
192	297		38	Melanie	Padgham	F55	(006/028)	Scarborough AC	05:13/08:24	00:51:58	190	00:52:13
193	270	155		Alex	Mettham	M S	(052/061)		05:14/08:25	00:52:06	193	00:52:15
194	380	156		Malcolm	Sweetlove	M60	(021/032)	Scarborough AC	05:14/08:26	00:52:12	196	00:52:22
195	175	157		Paul	Heywood	M50	(044/061)	Knaresborough Striders	05:15/08:26	00:52:14	199	00:52:26
196	30	158		James	Blanchard	M40	(040/058)		05:15/08:27	00:52:13	198	00:52:28
197	389		39	Laura	Thackray	F35	(013/043)	York Knavesmire Harriers	05:15/08:27	00:52:06	192	00:52:28
198	219		40	Zoe	Knell-Moore	F35	(014/043)		05:15/08:27	00:52:27	202	00:52:30
199	145		41	Rachel	Gillespie	F S	(011/040)	York Knavesmire Harriers	05:15/08:27	00:52:08	194	00:52:33
200	89		42	Jane	Cowley	F55	(007/028)	Easingwold Running Club	05:16/08:28	00:52:12	197	00:52:35
201	402	159		Chris	Wade	M50	(045/061)	Scarborough AC	05:16/08:29	00:52:27	203	00:52:41
202	105		43	Fay	Debenham	F S	(012/040)	Scarborough AC	05:16/08:29	00:52:27	201	00:52:41
203	212	160		John	Jones	M S	(053/061)		05:17/08:30	00:52:41	205	00:52:51
204	180	161		Mick	Hill	M40	(041/058)	Tipton Harriers	05:18/08:31	00:52:49	207	00:52:57
205	340		44	Juliet	Robson	F45	(011/051)	Easingwold Running Club	05:18/08:31	00:52:24	200	00:52:58
206	110		45	Sarah	Dixon	F45	(012/051)	Easingwold Running Club	05:18/08:32	00:52:30	204	00:52:59
207	428	162		Michael	Williams	M50	(046/061)	Rochdale Harriers	05:18/08:32	00:53:01	210	00:53:02
208	253	163		Chris	Marshall	M40	(042/058)		05:20/08:34	00:52:43	206	00:53:16
209	296		46	Kate	Osborn	F S	(013/040)	York Knavesmire Harriers	05:20/08:35	00:52:53	208	00:53:18
210	226	164		Colin	Lea	M50	(047/061)	York Knavesmire Harriers	05:20/08:35	00:53:03	212	00:53:20
211	54		47	Christine	Bruce	F35	(015/043)	Hartlepool Burn Road Harriers	05:20/08:35	00:53:11	213	00:53:22
212	311	165		Christian	Player	M40	(043/058)		05:21/08:37	00:53:00	209	00:53:30
213	304		48	Joanna	Pearson	F35	(016/043)	Easingwold Running Club	05:21/08:37	00:53:02	211	00:53:32
214	74		49	Hiede	Coates	F35	(017/043)	Scarborough AC	05:22/08:39	00:53:31	218	00:53:42
215	303		50	Hannah	Peagram	F35	(018/043)	Nidd Valley Road Runners	05:22/08:39	00:53:34	219	00:53:42
216	256		51	Liz	Matthews	F55	(008/028)	York Knavesmire Harriers	05:22/08:39	00:53:22	215	00:53:43
217	423		52	Nadene	Wilkinson	F S	(014/040)	Nidd Valley Road Runners	05:23/08:40	00:53:42	221	00:53:50
218	223	166		Robin	Lambert	M50	(048/061)		05:23/08:40	00:53:20	214	00:53:52
219	148		53	Helen	Grainger	F S	(015/040)		05:24/08:41	00:53:30	217	00:53:57
220	193		54	Sarah	Hughan	F35	(019/043)	Nidd Valley Road Runners	05:24/08:41	00:53:49	222	00:53:57
221	277	167		Tony	Milner	M50	(049/061)		05:24/08:41	00:53:25	216	00:53:58
222	269		55	Margaret	Metcalfe	F65+	(001/010)	York Knavesmire Harriers	05:24/08:41	00:53:52	223	00:54:00



Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
223	266		56	Maureen	Medlar	F55	(009/028)	York Knavesmire Harriers	05:24/08:41	00:53:39	220	00:54:00
224	407	168		Drew	Ward	M60	(022/032)	Wetherby Runners AC	05:25/08:43	00:53:56	225	00:54:10
225	258		57	Sue	Maude	F45	(013/051)		05:25/08:43	00:54:06	228	00:54:11
226	339		58	Salli	Robinson	F45	(014/051)		05:25/08:43	00:53:53	224	00:54:12
227	155	169		Simon	Greene	M60	(023/032)	Northern Masters AC	05:26/08:44	00:54:05	227	00:54:16
228	375	170		Nigel	Sparks	M S	(054/061)		05:26/08:44	00:54:00	226	00:54:18
229	4		59	Fiona	Alder	F55	(010/028)	Ripon Runners	05:27/08:46	00:54:17	230	00:54:29
230	363		60	Cathy	Simpson	F45	(015/051)		05:27/08:47	00:54:10	229	00:54:32
231	427		61	Alice	Williams	F S	(016/040)	Easingwold Running Club	05:28/08:47	00:54:18	231	00:54:35
232	204	171		Simon	Jenkinson	M40	(044/058)		05:28/08:48	00:54:23	232	00:54:38
233	265		62	Moira	McTague	F55	(011/028)	Nidd Valley Road Runners	05:28/08:48	00:54:35	241	00:54:43
234	75	172		Simon	Coates	M50	(050/061)		05:29/08:49	00:54:24	233	00:54:46
235	410		63	Harriet	Warnock	F S	(017/040)		05:29/08:49	00:54:30	237	00:54:46
236	232		64	Virginia	Lewin	F65+	(002/010)	Halifax Harriers	05:29/08:49	00:54:36	242	00:54:48
237	5	173		Mark	Allitt	M50	(051/061)	Selby Striders	05:29/08:49	00:54:33	239	00:54:50
238	365	174		Stephen	Simpson	M60	(024/032)		05:29/08:50	00:54:27	234	00:54:51
239	393		65	Nicola	Thorpe	F45	(016/051)		05:29/08:50	00:54:28	235	00:54:52
240	98		66	Fiona	Darrell	F45	(017/051)		05:29/08:50	00:54:28	236	00:54:52
241	318	175		Mike	Punchard	M60	(025/032)	Pickering RC	05:29/08:50	00:54:34	240	00:54:52
242	176	176		Daniel	Hickingbotha	M40	(045/058)		05:30/08:51	00:54:40	244	00:54:57
243	84		67	Megan	Cooper	F S	(018/040)		05:30/08:51	00:54:32	238	00:54:59
244	11	177		Tim	Armitage	M40	(046/058)		05:30/08:51	00:54:40	243	00:55:00
245	415	178		Tim	Westmoreland	M60	(026/032)		05:31/08:52	00:54:58	249	00:55:06
246	371	179		Martin	Smith	M50	(052/061)	York Knavesmire Harriers	05:31/08:53	00:54:54	248	00:55:14
247	252		68	Anna	Marshall	F35	(020/043)	York Knavesmire Harriers	05:32/08:54	00:54:51	245	00:55:16
248	405		69	Bryony	Walsh	F S	(019/040)		05:33/08:56	00:54:52	246	00:55:28
249	251		70	Beverley	Mannion	F35	(021/043)		05:33/08:56	00:54:52	247	00:55:28
250	38	180		Steve	Botterill	M50	(053/061)		05:34/08:57	00:55:07	250	00:55:35
251	307	181		Barry	Pickering	M70+	(002/011)	Selby Striders	05:34/08:57	00:55:15	251	00:55:38
252	48	182		Stephen	Brook	M70+	(003/011)	Queensbury R C	05:34/08:57	00:55:22	253	00:55:39
253	99	183		Ken	Dart	M60	(027/032)	Easingwold Running Club	05:35/08:58	00:55:16	252	00:55:46
254	18		71	Rachel	Barton	F S	(020/040)		05:35/08:59	00:55:45	258	00:55:50



Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
255	123		72	Jo	Fambely	F55	(012/028)		05:36/09:00	00:55:31	254	00:55:55
256	364		73	Shauna	Simpson	F45	(018/051)		05:36/09:00	00:55:32	255	00:55:56
257	281		74	Paula	Morris	F45	(019/051)	Scarborough AC	05:36/09:01	00:55:48	260	00:56:01
258	37		75	Lorraine	Botterill	F45	(020/051)		05:37/09:02	00:55:37	256	00:56:06
259	114		76	Helen	Durrant	F35	(022/043)	York Triathlon Club	05:37/09:02	00:55:48	259	00:56:09
260	447	184		Mark	Noakes	M50	(054/061)		05:37/09:02	00:55:39	257	00:56:11
261	437		77	Isobel	Wormald	F35	(023/043)		05:38/09:03	00:55:59	264	00:56:15
262	8		78	Rachel	Anderson	F35	(024/043)		05:38/09:04	00:56:06	265	00:56:18
263	353		79	Debbie	Scott	F45	(021/051)	Selby Striders	05:38/09:04	00:55:53	262	00:56:20
264	434	185		Andy	Wood	M50	(055/061)	Easingwold Running Club	05:38/09:04	00:55:51	261	00:56:21
265	250		80	Jane	Maloney	F55	(013/028)	Easingwold Running Club	05:38/09:05	00:55:55	263	00:56:25
266	119		81	Jan	Elsworth I	F45	(022/051)		05:40/09:07	00:56:21	266	00:56:39
267	96	186		Steve	Cunningham	M50	(056/061)	Scarborough AC	05:41/09:09	00:56:39	271	00:56:51
268	361		82	Sonia	Short	F35	(025/043)		05:41/09:09	00:56:39	272	00:56:51
269	132	187		Harry	Forkin	M70+	(004/011)	Scarborough AC	05:41/09:09	00:56:22	267	00:56:53
270	225		83	Sally-Anne	Lardner	F55	(014/028)	Easingwold Running Club	05:42/09:10	00:56:30	268	00:56:56
271	29		84	Suzanne	Blakey	F45	(023/051)		05:42/09:10	00:56:31	269	00:56:58
272	280		85	Elaine	Monks	F45	(024/051)		05:43/09:12	00:56:38	270	00:57:08
273	196	188		Dick	Hunter	M70+	(005/011)	York Knavesmire Harriers	05:44/09:14	00:57:01	273	00:57:23
274	417	189		Joe	Follington	M S	(055/061)		05:45/09:15	00:57:19	275	00:57:26
275	82		86	Jackie	Cooper	F55	(015/028)		05:45/09:15	00:57:12	274	00:57:28
276	331	190		Paul	Reid	M S	(056/061)		05:45/09:15	00:57:23	276	00:57:31
277	302		87	Mel	Pateman	F S	(021/040)	York Acorn Running Club	05:48/09:19	00:57:38	278	00:57:56
278	169		88	Sue	Hatfield	F45	(025/051)	York Acorn Running Club	05:48/09:20	00:57:39	279	00:57:57
279	152		89	Camilla	Grayley	F35	(026/043)	York Knavesmire Harriers	05:48/09:21	00:57:40	281	00:58:03
280	344	191		Dan	Ross	M S	(057/061)	Ripon Runners	05:49/09:21	00:57:31	277	00:58:07
281	55	192		Iain	Buckle	M40	(047/058)		05:49/09:22	00:57:40	280	00:58:10
282	51		90	Julie	Brown	F45	(026/051)	Ripon Runners	05:49/09:22	00:58:01	285	00:58:14
283	93	193		Peter	Craze	M S	(058/061)		05:50/09:23	00:57:54	282	00:58:16
284	317	194		Roger	Pryor	M70+	(006/011)		05:50/09:24	00:58:05	286	00:58:24
285	58		91	Angela	Burden	F45	(027/051)		05:51/09:24	00:58:23	291	00:58:27
286	104		92	Cat	Dawson	F S	(022/040)		05:51/09:25	00:58:00	284	00:58:28



Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
287	328	195		Tony	Rawling	M50	(057/061)	Scarborough AC	05:51/09:25	00:58:21	290	00:58:33
288	368		93	Yvonne	Skelton	F65+	(003/010)	Harrogate Harriers & AC	05:52/09:26	00:57:58	283	00:58:38
289	70		94	Clare	Childs	F35	(027/043)	Ripon Runners	05:52/09:27	00:58:14	287	00:58:41
290	27	196		Ian	Bickerdike	M70+	(007/011)	Tadcaster Harriers	05:52/09:27	00:58:30	294	00:58:42
291	420		95	Allison	Whiteley	F45	(028/051)		05:53/09:27	00:58:38	297	00:58:46
292	157		96	Gillian	Hall	F55	(016/028)	Crossgates Harriers	05:53/09:28	00:58:21	289	00:58:47
293	335	197		Mark	Richardson	M50	(058/061)		05:53/09:28	00:58:20	288	00:58:49
294	330		97	Karen	Rayner	F45	(029/051)	Easingwold Running Club	05:53/09:28	00:58:24	292	00:58:50
295	290		98	Natalie	Oddy	F35	(028/043)		05:54/09:29	00:58:30	293	00:58:55
296	435		99	Edna	Wood	F45	(030/051)	Knaresborough Striders	05:54/09:29	00:58:45	299	00:58:58
297	359		100	Sam	Sheperdson	F45	(031/051)	Scarborough AC	05:54/09:30	00:58:43	298	00:58:59
298	334	198		David	Richardson	M60	(028/032)		05:54/09:30	00:58:34	295	00:59:03
299	332		101	Megan	Remmer	F45	(032/051)	Easingwold Running Club	05:55/09:31	00:58:35	296	00:59:08
300	103		102	Linda	Davy	F45	(033/051)		05:55/09:32	00:58:55	303	00:59:14
301	291		103	Abbi	Ollive	F S	(023/040)		05:56/09:33	00:58:51	301	00:59:18
302	373	199		Paul	Smith	M40	(048/058)		05:56/09:33	00:58:51	300	00:59:19
303	362	200		Alan	Simpson	M40	(049/058)	Thirsk & Sowerby Harriers	05:56/09:33	00:58:52	302	00:59:20
304	97	201		Stephen	Daniel	M40	(050/058)	Easingwold Running Club	05:56/09:33	00:58:57	304	00:59:22
305	36		104	Laura	Border	F35	(029/043)	Easingwold Running Club	05:57/09:35	00:59:00	307	00:59:30
306	67		105	Elizabeth	Chambers	F35	(030/043)	Easingwold Running Club	05:57/09:35	00:58:59	305	00:59:32
307	424		106	Rachael	Wilkinson	F35	(031/043)		05:57/09:35	00:59:00	306	00:59:33
308	65		107	Hester	Cashdan	F35	(032/043)		05:58/09:36	00:59:09	308	00:59:37
309	141		108	Hannah	Garnett	F S	(024/040)		05:59/09:38	00:59:23	310	00:59:54
310	325		109	Grace	Raper	F S	(025/040)	Easingwold Running Club	05:59/09:38	00:59:23	309	00:59:54
311	149		110	Helen	Granger	F S	(026/040)		06:01/09:41	00:59:32	312	01:00:09
312	150	202		Tim	Granger	M S	(059/061)		06:01/09:41	00:59:32	311	01:00:09
313	179		111	Jane	Hill	F35	(033/043)	Nidd Valley Road Runners	06:01/09:41	00:59:54	315	01:00:13
314	158		112	Jo	Hall	F45	(034/051)	Easingwold Running Club	06:02/09:42	00:59:57	316	01:00:16
315	274		113	Terhi	Millar	F S	(027/040)		06:02/09:42	00:59:52	314	01:00:17
316	316		114	Marcella	Proud	F45	(035/051)		06:02/09:42	00:59:48	313	01:00:19
317	92	203		Paul	Craze	M50	(059/061)		06:02/09:43	01:00:03	318	01:00:25
318	22	204		Christopher	Bennett	M60	(029/032)	Ripon Runners	06:03/09:44	00:59:59	317	01:00:26



Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
319	122		115	Sarah-Jane	Evans	F45	(036/051)		06:03/09:45	01:00:05	319	01:00:33
320	404		116	Denise	Walker	F45	(037/051)		06:05/09:47	01:00:20	320	01:00:47
321	216		117	Sally	Kingscott	F45	(038/051)	Scarborough AC	06:05/09:47	01:00:33	322	01:00:49
322	268	205		Neil	Mercer	M40	(051/058)		06:06/09:49	01:00:26	321	01:00:58
323	31	206		James	Boak	M S	(060/061)	Scarborough AC	06:06/09:49	01:00:49	325	01:01:00
324	372		118	Michelle	Smith	F45	(039/051)	Nidd Valley Road Runners	06:06/09:49	01:00:42	323	01:01:01
325	450		119	Caitlin	O'Leary	F S	(028/040)		06:06/09:49	01:00:43	324	01:01:02
326	355		120	Karen	Settle	F55	(017/028)	Scarborough AC	06:07/09:50	01:00:51	326	01:01:07
327	142		121	Pam	Garnett	F45	(040/051)		06:08/09:52	01:01:03	329	01:01:19
328	15		122	Linda	Bamforth	F55	(018/028)	Thirsk & Sowerby Harriers	06:08/09:53	01:01:03	330	01:01:25
329	136	207		Ray	French	M60	(030/032)	Easingwold Running Club	06:09/09:54	01:00:54	327	01:01:28
330	285		123	Karen	Newton	F55	(019/028)	Easingwold Running Club	06:09/09:54	01:00:59	328	01:01:33
331	440	208		Walter	Wright	M60	(031/032)		06:11/09:57	01:01:23	333	01:01:48
332	9		124	Eryl	Andrew	F55	(020/028)	Easingwold Running Club	06:11/09:57	01:01:18	331	01:01:52
333	370		125	Kathryn	Smith	F35	(034/043)	Ripon Runners	06:11/09:58	01:01:32	336	01:01:54
334	433		126	Fiona	Wise	F S	(029/040)		06:12/09:58	01:01:33	337	01:01:55
335	41		127	Alice	Bowerman	F S	(030/040)		06:12/09:58	01:01:21	332	01:01:55
336	167	209		Ben	Hartop	M S	(061/061)		06:12/09:58	01:01:28	334	01:01:57
337	438		128	Caitlin	Wright	F S	(031/040)		06:12/09:58	01:01:29	335	01:01:58
338	320	210		David	Pycroft	M40	(052/058)		06:12/09:59	01:01:39	339	01:02:05
339	326		129	Liz	Raper	F65+	(004/010)	Scarborough AC	06:13/10:00	01:01:38	338	01:02:10
340	306		130	Carina	Pelucci	F45	(041/051)	Scarborough AC	06:14/10:02	01:02:08	342	01:02:22
341	263		131	Sheila	McCudden	F55	(021/028)		06:15/10:03	01:01:57	340	01:02:26
342	247		132	Jenna	Macaulay	F S	(032/040)		06:16/10:05	01:02:26	343	01:02:39
343	246	211		David	Macaulay	M50	(060/061)		06:16/10:05	01:02:28	344	01:02:41
344	238		133	Abigail	Lunn	F S	(033/040)		06:16/10:06	01:02:08	341	01:02:43
345	127		134	Jean	Fish	F55	(022/028)	Scarborough AC	06:18/10:08	01:02:38	347	01:02:56
346	310		135	Rachel	Platt	F S	(034/040)		06:18/10:08	01:02:37	345	01:03:01
347	257		136	Rebecca	Matthews	F S	(035/040)		06:18/10:08	01:02:37	346	01:03:01
348	406	212		Andrew	Ward	M40	(053/058)		06:19/10:10	01:02:56	349	01:03:08
349	85	213		Rod	Cooper	M50	(061/061)		06:19/10:10	01:02:39	348	01:03:08
350	408	214		Mark	Ward	M40	(054/058)		06:20/10:12	01:03:15	351	01:03:24



Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
351	2	215		Desmond	Adams	M40	(055/058)		06:20/10:12	01:03:15	350	01:03:24
352	66		137	Jessica	Caven	F45	(042/051)	Ripon Runners	06:23/10:17	01:03:16	352	01:03:52
353	199	216		Graham	Hyde	M40	(056/058)	Nidd Valley Road Runners	06:23/10:17	01:03:35	354	01:03:53
354	126		138	Christine	Fieldhouse	F55	(023/028)		06:24/10:18	01:03:46	355	01:04:02
355	147		139	Natalie	Gobbi	F S	(036/040)	Easingwold Running Club	06:24/10:19	01:03:29	353	01:04:04
356	181		140	Linda	Hinchliffe	F45	(043/051)	Scarborough AC	06:28/10:24	01:04:19	361	01:04:37
357	53		141	Sue	Brown	F45	(044/051)	Easingwold Running Club	06:28/10:24	01:04:06	356	01:04:37
358	245		142	Samantha	Lyth	F45	(045/051)	York Knavesmire Harriers	06:28/10:24	01:04:10	359	01:04:38
359	102	217		Rob	Davies	M60	(032/032)		06:28/10:24	01:04:19	362	01:04:40
360	337		143	Georgina	Robinson	F35	(035/043)		06:28/10:24	01:04:19	364	01:04:40
361	230		144	Rachel	Letham	F45	(046/051)		06:28/10:24	01:04:19	363	01:04:40
362	228		145	Sarah	Lees	F35	(036/043)	Easingwold Running Club	06:28/10:25	01:04:07	357	01:04:42
363	88		146	Sally	Cornforth	F45	(047/051)		06:29/10:25	01:04:10	358	01:04:46
364	20		147	Caitlin	Bell	F S	(037/040)		06:29/10:25	01:04:11	360	01:04:46
365	6		148	Lynsey	Almond	F35	(037/043)		06:32/10:32	01:05:05	366	01:05:25
366	186		149	Shayna	Holloway	F55	(024/028)		06:33/10:33	01:05:03	365	01:05:31
367	59		150	Hazel	Burton	F35	(038/043)		06:34/10:35	01:05:31	367	01:05:45
368	78		151	Megan	Cogman	F S	(038/040)		06:38/10:41	01:06:05	368	01:06:23
369	237		152	Catherine	Lumb	F55	(025/028)	Thirsk & Sowerby Harriers	06:43/10:48	01:06:34	369	01:07:08
370	164		153	Coralin	Harrison	F65+	(005/010)	Harrogate Harriers & AC	06:43/10:49	01:07:07	373	01:07:14
371	341		154	Stephanie	Robson	F35	(039/043)		06:44/10:50	01:06:52	370	01:07:16
372	276		155	Joanne	Miller	F35	(040/043)	Scarborough AC	06:44/10:50	01:06:54	371	01:07:20
373	52	218		Robin	Brown	M70+	(008/011)		06:45/10:52	01:07:00	372	01:07:32
374	173		156	Fiona	Hernandez	F45	(048/051)	Ripon Runners	06:47/10:55	01:07:14	374	01:07:50
375	229		157	Karen	Lennox	F45	(049/051)	Ripon Runners	06:47/10:55	01:07:15	375	01:07:51
376	135		158	Abigail	French	F S	(039/040)		06:48/10:56	01:07:41	376	01:07:59
377	272		159	Kim	Middleton	F55	(026/028)	York Knavesmire Harriers	06:50/10:59	01:07:54	377	01:08:16
378	261	219		James	McBride	M40	(057/058)		06:51/11:01	01:07:55	378	01:08:27
379	439		160	Christine	Wright	F55	(027/028)		06:56/11:09	01:08:53	379	01:09:18
380	315	220		Alan	Prest	M70+	(009/011)	Quakers Running Club	06:57/11:10	01:09:02	380	01:09:26
381	12		161	Elizabeth	Atkinson	F35	(041/043)	St. Theresa's AC	07:01/11:18	01:09:46	381	01:10:11
382	224		162	Michaela	Lancaster	F S	(040/040)		07:02/11:18	01:09:52	382	01:10:15



Pos	Num	M	F	Forename	Surname	Cat	Cat/Pos	Club	Pace per Km/Mile	ChipTime	ChipPos	GunTime
383	76	221		Ian	Codling	M70+	(010/011)	Thirsk & Sowerby Harriers	07:05/11:24	01:10:46	384	01:10:52
384	242		163	Lynsey	Lyon	F35	(042/043)	St. Theresa's AC	07:06/11:25	01:10:33	383	01:10:58
385	286		164	Kathryn	Noble	F55	(028/028)		07:13/11:36	01:11:30	385	01:12:06
386	61		165	Dot	Carr	F65+	(006/010)		07:17/11:44	01:12:28	386	01:12:53
387	25	222		Paul	Halliday	M40	(058/058)	Harrogate Harriers & AC	07:26/11:58	01:13:47	387	01:14:20
388	301		166	Lynn	Parsons	F65+	(007/010)	Crossgates Harriers	07:27/11:59	01:14:04	388	01:14:30
389	308		167	Jean	Pickering	F65+	(008/010)	Selby Striders	07:40/12:21	01:16:17	389	01:16:44
390	243		168	Sheree	Lyons	F35	(043/043)	Sedgefield Harriers	07:40/12:21	01:16:19	390	01:16:44
391	160	223		Joseph	Harker	M70+	(011/011)	Durham City Harriers	07:47/12:31	01:17:09	391	01:17:49
392	81		169	Christine	Cooper	F45	(050/051)	Ripon Runners	07:48/12:33	01:17:21	392	01:17:57
393	374		170	Jean	Snelling	F65+	(009/010)	York Knavesmire Harriers	07:50/12:36	01:18:00	393	01:18:15
394	77		171	Marian	Codling	F65+	(010/010)	Thirsk & Sowerby Harriers	07:52/12:39	01:18:06	394	01:18:36
395	350		172	Lisa	Schubert	F45	(051/051)		07:58/12:50	01:19:21	395	01:19:45